

Background: Woodland Public Library is partnering with local organizations to host a series of “Skills for Teen Parents [STeP]” workshops.

Goals: Goal is to connect pregnant and parenting teens with the services and resources they need to:

- 1) identify personal strengths and goals for the future;
- 2) continue their education, find employment, and manage their finances;
- 3) take care of their health and that of their children; and
- 4) develop skills to build healthy family relationships.

Expected Outcomes:

- 1) at least 50% of participants will complete their current grade in school;
- 2) at least 75% of teen moms will put off another pregnancy;
- 3) at least 35% will transition to postsecondary education;
- 4) at least 50% will demonstrate increased knowledge and skills in the subject matter covered;
- 5) at least 50% will feel better equipped to take charge of their lives, and those of their children;
- 6) at least 50% will have an increased awareness of how the public library can support their educational and family needs and goals into the future; and
- 7) that Woodland Public Library will continue to incorporate this service model into their regular programming.

Workshops are geared towards low-income, pregnant teens and teen parents age 20 and younger.

Official Plan for Workshops beginning in January and ending in May:

There will be 2 workshops per month located in the Leake Room of the Woodland Public Library; First and Third Thursdays from 5 to 6 PM.

Exception is the graduation ceremony which will be held from 5 to 7 PM on May 12th the Thursday following Mother’s Day.

• **January 7: *Hopes and Dreams for My Child and Me.***

- Introduction and life plan assessment.
- Teens will receive a personal journal for themselves and keepsake journal for their baby.
- **Rhea Fabricante (Teen Services Librarian) and Esther Guardado (Library Technical Assistant III) of Woodland Public Library**

• **January 21: *Babies Need Words Every Day.***

- Learn the importance of, “Talk Read Sing Play” and early literacy skills for the first five years of life.
- Teens will receive a book bag with books for themselves and their children.
- **Trina Camping Lewis (Literacy Services Coordinator) and Abigail Craig (Children’s Librarian) of Woodland Public Library**

• **February 4: *Caring for Baby; First Aid, CPR and Safety.***

- Learn about caring for babies, including safe sleeping, feeding, when to call the Doctor, etc.
- Teens will receive a baby health-care and grooming kit.
- **Kathleen Middings, School Nurse for Woodland Joint Unified School District**

• **February 18: *Caring for Mom; Keeping Healthy and Happy.***

- Learn how to be physically and emotionally healthy through cooking, eating, staying active and making time to relax.
- **Kathleen Middings, School Nurse for Woodland Joint Unified School District**
- Teens will participate in a nutrition demonstration and make a healthy dish to eat (pending confirmation).
- Julie Cross of Davis Food Co-op (pending confirmation).

- **March 3: *Planning for your Future; Get Into College and Find a Job.***
 - Learn how to complete college/financial aid/job applications and the basics of resume and cover letter writing.
 - Teens will receive a personalized portfolio to keep their resume in.
 - **Rogelio Villagrana of UC Davis EAOP**
- **March 17: *Dress for Success; Job Interview Strategies.***
 - Learn to shop for and dress in professional attire and participate in a real interview panel.
 - Teens will receive a \$50 shopping allowance to purchase approved clothing.
 - **Rogelio Villagrana UC Davis EAOP**
- **April 7: *Family Law Help; Know Your Legal Rights.***
 - Learn about the process of child-support, child visitation, establishing paternity, etc.
 - Teens can meet with lawyers and fill out documents according to their needs.
 - **Brian Pakpour Law, Empower Yolo and Department of Child Support Services**
- **April 21: *Money Talk; Banking, Budgeting and Personal Finance.***
 - Learn the importance of preparing a budget, paying bills, online banking, direct deposit, etc.
 - Teens can open a student checking and savings account.
 - **Enrique Ramirez of Bank of the West.**
 - Travis Credit Union and Yolo Credit Union will be invited to offer their checking accounts services for variety and educational purposes.
- **May 5: *Crucial Conversations: Resolving Conflicts.***
 - Learn important communication skills for family, social and work life.
 - Teens will gain confidence in asserting their needs and talking in healthy ways to their partners, peers and adults
 - **Adrian Ruiz of the Youth Development Network (pending confirmation)**
 - **Rogelio Villagrana UC Davis EAOP (back-up)**
- **May 12: Graduation Ceremony**
 - Mother's Day Special dinner reception and awards banquet with guest speakers.
 - Teens who are comfortable can give a 3 minute speech when they receive their certificate during the award's ceremony.
 - There will be a special raffle for teens who attended all 9 sessions to win a new laptop.
 - Open invite to all presenters, partners and families of the teens.

This program is a statewide project by the California State Library and the Southern California Library Cooperative and funded by the U.S. Institute of Museum and Library Services.

Goal is to have at least 10 participants with a cap of 30 participants. Registration will begin in December and continue throughout the program. Workshops will be held classroom style with childcare, snacks and incentives provided. The library has 13 laptops and Wi-Fi available for use if needed for session.

Teens will complete short surveys in return for a raffle ticket after each workshop for presenter and library use.

Bus passes and gas cards will be provided to assist teens with transportation.